

SAFE MANUAL HANDLING AWARENESS

Duration: 1/2 Day

COURSE AIM

This course is designed to provide knowledge and awareness of how to Manually Handle a range of objects, and provide a range of control methods and practices to ensure safe Manual Handling.

CERTIFICATION

On completion candidates will receive a Frameworks Certificate of Training.

DID YOU KNOW WE ALSO OFFER THE FOLLOWING COURSES?

- Quallsafe Level 3 First Aid at Work (3 Day)
- Quallsafe Level 2 Emergency First Aid at Work (1 Day)

COURSE CONTENT

Delegates will cover the following areas.

- Understand the reasons for safe manual handling
- Understanding Manual Handling risk assessments
- Awareness of Manual Handling injuries



WHO SHOULD ATTEND?

Anyone who is expected to manually handle objects, materials and people in their line of work on a regular basis.

- How to apply safe manual handling principles
- Practical Sessions
- Team Handling
- Understand the principles, types of equipment and testing requirements associated with manual handling safety